

Risk awareness for skiers



piste

slopestyle

freeriding

REGOLE
RÈGLES
FIS
REGELN
RULES

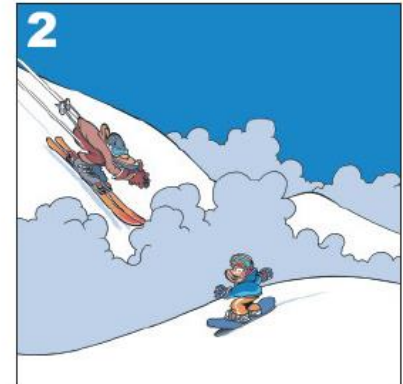


Niemanden gefährden oder schädigen.

Ne pas mettre autrui en danger ou lui porter préjudice.

Non mettere in pericolo o danneggiare nessuno.

Do not endanger or prejudice others.



Auf Sicht fahren. Fahrweise und Geschwindigkeit dem Können und den Verhältnissen anpassen.

Descendre à vue. Adapter son comportement et sa vitesse à ses capacités et aux conditions.

Discendere a vista. Adeguare la velocità e il comportamento alle proprie capacità nonché alle condizioni della pista a meteo.

Move in control. Adapt your manner of skiing or snowboarding and speed to your ability and to the general conditions on the mountain.



Fahrspur der vorderen Skifahrer und Snowboarder respektieren.

Respecter le skieur et snowboarder aval.

Rispettare il percorso degli sciatori e degli snowboarder che precendono.

Do not impede the route of the skier and snowboarder in front of you.



Überholen mit genügend Abstand.

Dépasser à une distance appropriée.

Durante il sorpasso mantenere una distanza sufficiente.

Leave a wide berth when overtaking.



Vor dem Anfahren und vor Schwüngen hangaufwärts Blick nach oben.

S'engager et virer vers l'amont après un examen de l'amont.

Prima di partire e curvare verso monte guardare a monte.

Look up the slopes each time before starting and moving upwards.

piste

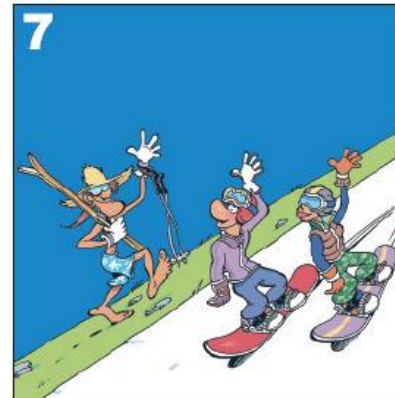


Anhalten nur am Pistenrand oder an übersichtlichen Stellen.

Stationner au bord de la piste ou à des endroits avec visibilité.

Sostare solo a bordo pista o in luoghi ben visibili.

Only stop at the edge of the piste or where you can be seen easily.

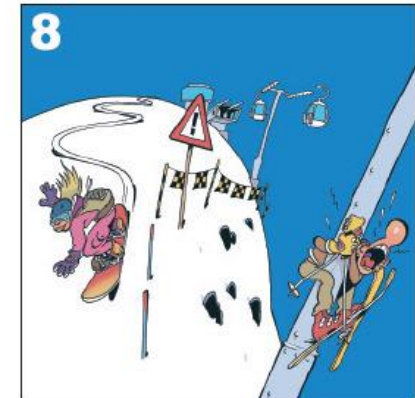


Auf- oder Abstieg nur am Pistenrand.

Monter et descendre uniquement au bord de la piste.

Salire o scendere solo ai bordi della pista.

When climbing up or down keep to the side of the piste.



Markierungen und Signale beachten.

Respecter le balisage et la signalisation.

Rispettare le demarcazioni e la segnaletica.

Obey all signs and markings.



Hilfe leisten, Rettungsdienst alarmieren.

Prêter secours, avvertir le service de sauvetage.

Prestare soccorso, avvertire il servizio di salvataggio.

Provide help and alert the rescue service.

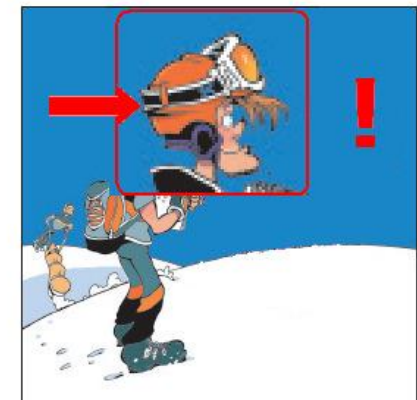


Unfallbeteiligte und Zeugen: Personalien angeben.

Parties impliquées dans un accident et témoins: faire connaître son identité.

Chiunque sia coinvolto in un incidente o ne sia testimone è tenuto a dare le proprie generalità.

All persons involved in an accident including witnesses must exchange names and addresses.



Slopestyle

- ❖ **Only in specially selected and protected areas or in funparks!**
- ❖ **Check before jump!**
- ❖ **Try easier and shorter jumps first !!!**
- ❖ **Limit your approach!**
- ❖ **Stay within your physical and mental limits!**
- ❖ **Be sure another person controls the landing area !**

Der Tiefschneehang sah harmlos aus,
eh nur 50 Meter lang ...

A stylized graphic of a mountain range in shades of blue and teal, with jagged peaks and valleys. The word 'Freeriding' is centered over the mountains in a large, bold, black sans-serif font.

Freeriding

The powderslope looked harmless,
hardly more than 50 meters long...

Suddenly, **YOU** are covered by an **avalanche**.

YOU can't move – you feel like cast in **concrete**.

The snow **presses on YOUR chest**, **YOU** can hardly **breathe**.

It is **cold and dark**.

YOU are **alone**.

YOUR chances to survive the next 15 minutes are very small.

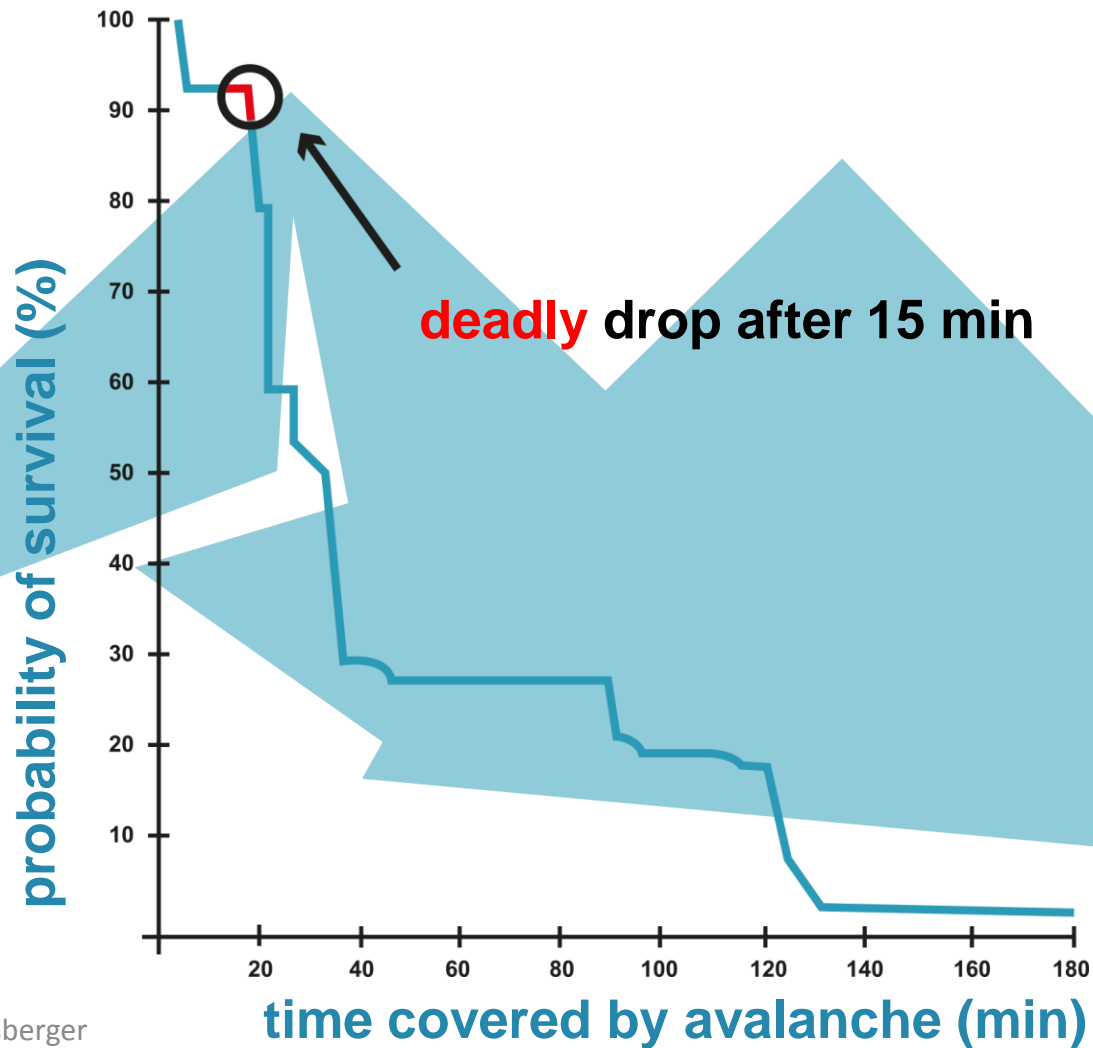
So are the chances that **THEY** will find you in these 15 minutes.

It was only **50 meters of powder** – now **YOU will die!**

There was so much **YOU** still wanted to do!

Thoughts of a survivor!

survival function



Only 15 minutes –
then your chances to survive sink drastically!

Consider what has to be done in those 15 minutes:



THE MAGIC 3

It's especially dangerous ...

Beyond **Avalanche Warning Level (AWL) 3**

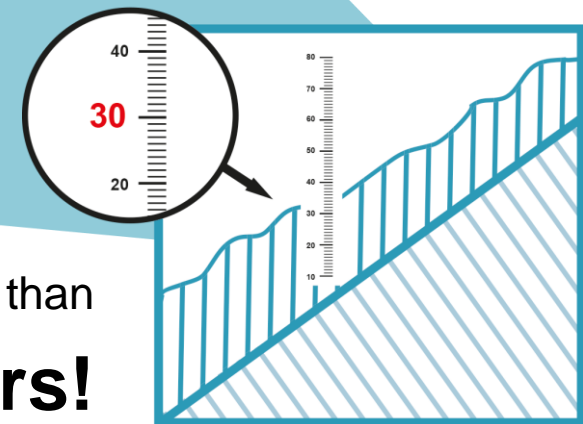
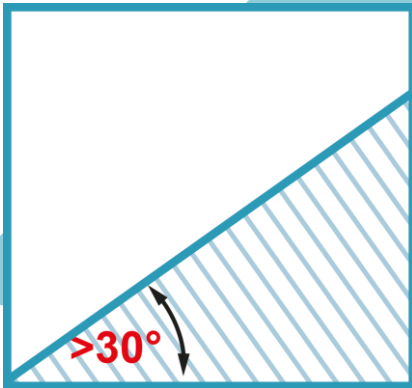
Note: Most accidents happen beyond **AWL 3**

AWL 4 + 5 are an **absolute NO GO!**



Slope inclination higher than 30° -

That's where the majority of avalanche accidents occur!!



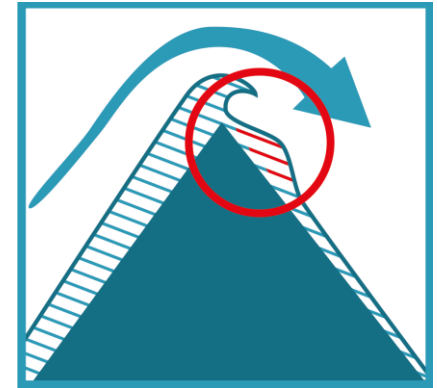
Watch out if the fresh snow is more than

30 centimeters!

Further factors that cause avalanches

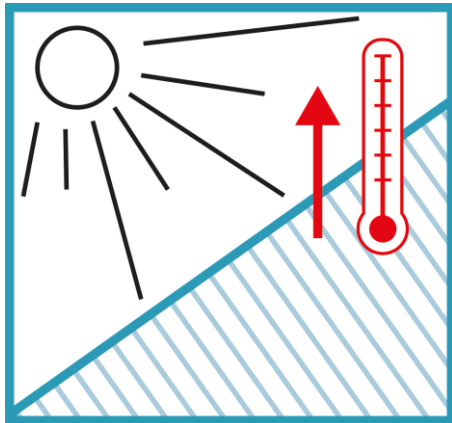
Wind

Wind is the architect of avalanches. It transports masses of snow which then accumulates locally; For example, beyond the cornice or in hollows.



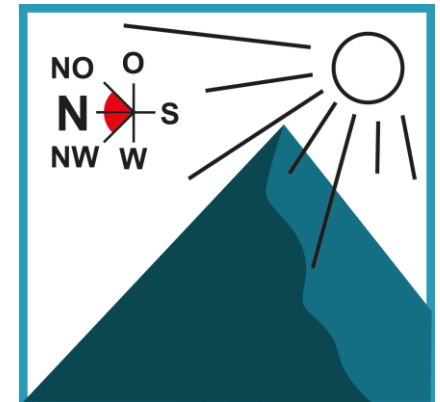
Moisture penetration

Especially when there are direct sunshine and high temperatures; For example: south-facing slopes, in spring or after noon.



Slopes in the shadow

Slopes facing from NE to NW;
Critical construction of snow cover
or in case of depth hoar!



Info

Avalanche warning services in Austria

Telefon:

Kärnten	0463
Oberösterreich	4732
Salzburg	0662
Steiermark	0316
Tirol	0512
Vorarlberg	05522

/ 1588

ORF:

Teletext Seite 615

Internet:

www.lawine.at

Off piste

What skiers and snowboarders should mind **off the piste**:

Choose a safe ascent!
Avoid critical passages!

Pass critical passages
SINGLE!
Wait for the others in safe places!

NEVER
alone off piste!
Stay in a group!

Important equipment For skiing off piste

Avalanche transceiver

It sends and receives signals up to 70 meters, but you will have to learn how to use it properly!



Snow shovel

It's light and almost unbreakable. Without it you will never be able to dig out your partner!



Important equipment for skiers off the piste

Avalanche probe

it's 240 cm long, can be folded and will help you to probe and find your partner; it's also a valuable means in addition to the avalanche transceiver.



Airbag

a light backpack, which opens by pulling a string. It's meant to keep you on the surface when riding down the avalanche.

Wanted?

The typical Snowboarder- /Skier- Avalanche

Special features

» **insignificant** «

» **just a mere 10 centimeters** «

» **5m - 30m wide** «

» **often only triggered by the third or fifth skier** «

» **it's deadly !!** «

Skiing in powder-snow through the forest

YOU fall.

YOU are left hanging head over heels under a tree.

Snow from the tree will cover **YOU.**

YOU panic!

YOU can't open your **bindings** ...

YOU don't believe that **YOU** will ever be able to open your bindings!