

I Risk Management

Our first duty to our students is to their Safety. Before students can have Fun or Learn, they must feel safe.

a. Mountain Environment

1. Terrain:

As an instructor, you need to learn about what terrain is available at your resort for your use while instructing as well as any special hazards that exist, such as cliffs, avalanche areas, etc.. Always make use of appropriate terrain for your guests. Be especially aware of the 'crowdedness' of the slopes and any cross-traffic.

2. Conditions:

Conditions will always vary, not only from day to day, but throughout any given day and in any given location on the mountain. Be aware that conditions can sometimes turn an easy green run into a 'black' run for some people!

3. Weather:

As mountain weather can change quickly, always be prepared for what may be coming. Check to make sure that both you and your clients are comfortably and appropriately attired.

b. Guest/Client

1. Equipment

Boards, skis, bindings, safety straps, boots, poles adjusted and in working order?

Dangerous loose clothing?

Proper eye protection from elements?

Helmet (if used) fitted properly?

Sunscreen?

2. Physical Condition

How athletic?

Adaptive needs?

Artificial parts?

Current health concerns/medications?

Previous injuries?

Fatigued?

Hydration and food?

3. Psychological Condition

Motive for lesson and skiing/boarding?

Fears or anxiety?

Goals?